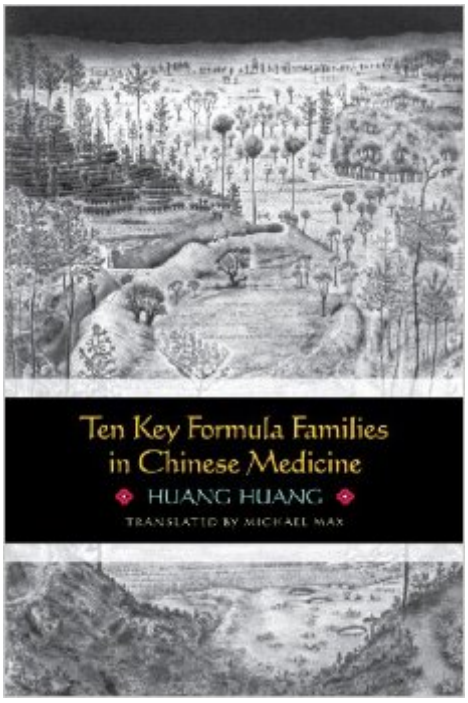
The book was found

Ten Key Formula Families In Chinese Medicine



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

Ten Key Formula Families in Chinese Medicine provides a practical path to a deeper understanding of traditional Chinese herbal formulas. Dr. Huang discusses the core aspects of the ten most important families of formulas in the classical formula tradition in a way that is both profound and accessible. By introducing the concept of constitutions and the attendant vulnerabilities of those constitutions to certain types of disorders, he hands the reader a very useful key to understanding how and when to use these formulas in the clinic. The ten families of formulas are grouped around the following herbs: Cinnamon - Cinnamomi Ramulus Ephedra - Ephedrae Herba Bupleurum - Bupleuri Radix Gypsum - Gypsum fibrosum Rhubarb - Rhei Radix et Rhizoma Coptis - Coptidis Rhizoma Aconite accessory root - Aconiti Radix lateralis preparata Dried ginger - Zingiberis Rhizoma Astragalus - Astragali Radix Pinellia - Pinelliae Rhizoma preparatum For each family of formulas, Dr. Huang describes the associated presentation and constitutional aspects common to all members of the family, then turns to the individual formulas that are especially useful for treating particular aspects of that presentation. The discussion is embellished with case histories and relevant clinical research.

Book Information

Paperback: 337 pages
Publisher: Eastland Press; 1 edition (July 20, 2009)
Language: English
ISBN-10: 0939616688
ISBN-13: 978-0939616688
Product Dimensions: 6 x 0.9 x 8.9 inches
Shipping Weight: 1.3 pounds (View shipping rates and policies)
Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (14 customer reviews)
Best Sellers Rank: #219,495 in Books (See Top 100 in Books) #80 inÂ Books > Health, Fitness & Dieting > Alternative Medicine > Chinese Medicine #190 inÂ Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy #231 inÂ Books > Textbooks > Medicine & Health Sciences > Alternative Medicine

Customer Reviews

This book is an excellent resource for the Chinese medicine herbalist. I study every week for hours at a time to keep growing my acumen in prescribing herbal formulae. As an acupuncturist and herbalist with her own business, I rely on books like this to help me expand my skills and

understanding of writing prescriptions for patients.This book goes through groups of herbal formulae based on chief ingredient, for example huang qi, and gui zhi form the basis for 2 of the 10 families. It provides a description of constitution most suited for each family of herbs, and clinical research and case examples for each. It also compares formula families to better elucidate differences.I highly recommend this book as one that will really help any herbalist using Chinese herbs. Unlike some other books I own and also really like, this one is fun to read because of the descriptions of patients and comparisons. It's not dry and technical, just enough though...

The best book. It's a funny read full of great information. It's a little different than most formula books because it groups the formulas into 10 unique groups. But this is what makes it unique and really help you understand the formulas at a different level. It's like they all have personalities ...

There are some great theoretical components with this book (ie formula families = constitutional analysis) but the book is repetitive, and could have covered the same amount of material in half the pages. Aside from this, I really enjoyed the book and would recommend it to someone new to learning TCM and formulas.

This book was great. It gave me a completely different way to view classical formulas as well as a way to learn them better.

This book had been recommende to me over a year ago. I'm so glad that I finally purchased it. The logic behind the fromula families is straighforward, and shedding light on formula preparation.

Makes studying TCM herbs / formulas conceptual and much easier. The only problem is there are only 10 formula families and the books seems to be pretty limited in clinical scope/applications. (Especially considering that one of the Formula Families is based on Ma Huang which is banned in the United States!)I'd love to see part II and III of this book.

I love the idea of the personality type belonging to a herb. It simplifies things and gives practitioners another way to engage with herbs.

Covers info teacher said it would. Gave good insights into various syndromes and herbs and the type of people they can help.

Download to continue reading...

Ten Key Formula Families in Chinese Medicine Chinese books: Jojo's Playful Day in Chinese (Simplified Chinese book) Chinese book about a curious elephant: Bedtime Story for children in Chinese (Kids ... (Chinese beginner reading books for kids 1) I Love to Tell the Truth (chinese english bilingual,chinese children stories,mandarin kids books): mandarin childrens books,bilingual chinese (Chinese English Bilingual Collection) (Chinese Edition) I Love to Share (mandarin childrens books, chinese baby books): kids books in chinese, chinese children stories, mandarin kids (Chinese Bedtime Collection) (Chinese Edition) Nora Roberts Key Trilogy CD Collection: Key of Light, Key of Knowledge, Key of Valor Chinese Medicine Study Guide: Diagnostics (The Chinese Medicine Study Guide Series) I Love to Eat Fruits and Vegetables (Chinese children's books, Chinese Bilingual children's books,): english chinese kids, mandarin kids books, ... Bilingual Collection) (Chinese Edition) Childrens book Chinese : Gifts for my Mother - Bedtime kids Story Chinese book for children (Kids ages 3-9): Chinese book for children to celebrate Mothers (Chinese beginner reading books for kids 7) The Practice of Chinese Medicine: The Treatment of Diseases with Acupuncture and Chinese Herbs, 2e Classical Chinese Medical Texts: Learning to Read the Classics of Chinese Medicine (Vol. III) Chinese Made Easy for Kids Textbook 1 (Simplified Chinese) (English and Chinese Edition) Chinese Made Easy for Kids Workbook 1 (Simplified Chinese) (Mandarin Chinese Edition) Hippocrene Children's Illustrated Chinese (Mandarin) Dictionary: English-Chinese/Chinese-English (Hippocrene Children's Illustrated Foreign Language Dictionaries) Chinese Paradise-The Fun Way to Learn Chinese (Student's Book 1B) (v. 1B) (Chinese Edition) I Love My Mom: Chinese children's books, Mandarin childrens books (English Chinese Bilingual Collection) (Chinese Edition) Chinese childrens books: Jojo's Christmas Day in Chinese - Christmas Bedtime Story (bilingual) English-ChinesePicture book (Kids ages 3-9): (Bed time book) ... (Easy Chinese reading books for Kids) Families in Poverty (Families in the 21st Century, Vol. 1) Financial Aid for Persons with Disabilities and Their Families 2012-2014 (Financial Aid for the Disabled and Their Families) Ten Little Fingers and Ten Little Toes lap board book Diez deditos de las manos y Diez deditos de los pies / Ten Little Fingers and Ten Little Toes bilingual board book (Spanish and English Edition)

Dmca